









Rally Norway - 12 to 15 February 2009

Welcome to Rally Norway 2009 Lillehammer Elverum Hamar Oslo Airport Kongsvinger Oslo Super Special Stage in the middle of Oslo, the capital city of Norway Indoor Service Park in "Vikingskipet" Final Special Stage at Hedmarksvidda, with a corridor enclosed by two to three meter walls of snow Rally Norway will seek creatively to promote greater environmental responsibility for all involved GANDALF Photo: Tony Welam, James Bearne & Terje Rakke









Contents

Introduction and Welcome	4
2. Contact Details	5
3. Programme and Critical Deadlines	6
4. Entry Details	7
5. Service Park and remote Service	8
6. Tyres	11
7. Reconnaissance	12
8. Shakedown	12
9. Media and Accreditation	13
10. Two-way Radio	14
11. Fuel	14
12. Hospitality	14
13. Helicopter registration	15
14. Import of Vehicles and Spare Parts	16
15. Hotel & Accommodation Reservation	16
16 Useful Facts and Service	17

Appendixes

- A1 Itineraries
- A2 Maps
- A3 Drawings and Layouts
- A4 Forms









Introduction and Welcome



Introduction by the Clerk of the Course It's a great pleasure for me to welcome you all to Rally Norway 2009

This document, Rally Guide 1, is produced for teams, competitors and media representatives and contains information necessary for the preparations before the event.

The Bjerkebanen trotting track in Oslo (a venue with a rich rally history in Norway becomes the arena for the opening show and the first super special stage of Rally Norway on 12 February 2009.

By running a special stage almost in the middle of the Norwegian capital, we hope to give rally to new spectators. The Super Special Stage will be very easy to reach from the city centre.

Rally Norway's final special stage will be a new mountain stage, at Hedmarksvidda (Hedmark mountain plateau), in an area with copius snow and pucturesque views, around Budor guest house. For the first time in WRC's history, the final special stage will be run though a corridor enclosed by two to three meter high walls of snow.

Stig Rune Kjernsli Clerk of the Course



Welcome by the Prime Minister A wonderful Winter Rally

Thanks to the successful Rally Norway in 2007. In 2009, Norway can invite the world to a new spectacular winter rally. A wonderful winter landscape mixed with an exceptional Norwegian spirit of voluntary work and professionalism make it possible. But this event is first and foremost all about extreme rally and enthusiastic audience.

When the first car crosses the podium in 2009 I am certain that the amount of voluntary work making this possible, and that the WRC event will be a spectacular show for both audience and

drivers. The initiative to host the WRC has from the start been accompanied by political support ranging from the local-level to the Norwegian Government.

Norway shall be a leader in environmental issues. Rally Norway is one of the best environmental pioneers in any sports- and cultural activities in Norway. Therefore, as Prime Minister, it is especially gratifying when an event like Rally Norway has achieved both national, and international, acknowledgements for its measures upon the common challenges to preserve our fragile environment.

The Norwegian Government saw the potential for both national and international promotion, creating positive effects for tourism and business growth in the region. I know the hosts will make the most out of this fantastic opportunity. I am proud that Norway is hosting a WRC event, and I wish participants, audience and organisers the best of luck!

Prime Minister Jens Stoltenberg

tion had been seen as a second second









2. Contact Details

2.1 Rally Norway Address & Telephone

2.1.1 Permanent Contact Details

Rally Norway AS Haslemoen N-2436 Våler i Solør Norway

Telephone: +47 62 42 18 90 Telefax: +47 62 42 18 91 E-mail: mail@rallynorway.

E-mail: <u>mail@rallynorway.no</u>
Internet: <u>www.rallynorway.no</u>

2.1.2 Rally HQ Visiting & Delivery, during the Event
Rally HQ, Scandic Hamar

Rally HQ, Scandic Hamar Vangsveien 121 N-2318 HAMAR

2.1.3 National Press Officer

Vidar Julien

Mobile phone: +47 95 93 31 93 E-mail: vidar@rallynorway.no

2.2. Officials of the Event

General Manager	Even Wiger	even@rallynorway.no	+4791313645
_		· ·	
Clerk of the Course	Stig Rune Kjernsli	stigrune@rallynorway.no	+4790634632
Dep Clerk of the Course	Bertil Klarin	klarin@swedishrally.com	+46705945495
Ass. Clerks of the Course	Erling Hagen	erling@rallynorway.no	+4791594841
	Anders Tråstadkjølen	traastad@online.no	+4793092105
Safety Officer	Torstein Bårdseng	torstein@rallynorway.no	+4797017302
Dep Safety Officer	John Erik Nilsen	johnerik.nilsen@nsn.no	+4790859758
Ass. Chief Safety Officers	Jarle Redalen	jarle.redalen@online.no	+4791180915
Route Officer	Roy Rogstadmoen	roy@rallynorway.no	+4790696664
Route & Safety Advisor	Bruno Berglund	bruno.berglund@a3b.se	+46705142133
Service Park Co-ordinator	Adam Magnusson	adam.magnusson@ swipnet.se	+46706854277
Secretary of the Event	Vera Bakke Andresen	vera@rallynorway.no	+4741905454
Chief Scrutineer	Håkan Andersson	hocke.andersson@telia. com	+46702178479
Competitor Relations Officer	Jacky Jung (F)	jacky.jung@free.fr	
Competitor Relations Officer	Svend Madsen (N)	svend.madsen@saab- huset.com	+4740400820
Press Officer	Vidar Julien	vidar@rallynorway.no	+4795933193
Accommodation		hotel@rallynorway.no	
Helikopter Co-Ordinator	Henning Ringsvold	haluft@frisurf.no	+4791875095









3. Programme and Critical Deadlines . 3.1 Schedule before the Rally Week

DATE	TIME	ACTIVITY	
Saturday 13 Dec		Supplementary Regulations and Entry Form published on: www.rallynorway.no	
Thursday 8 Jan	15:00	Closing time for entries	
		Closing date for order of extra facilities in Service Park	
		Closing date for order of extra material	
Friday 16 Jan		Road Books, Maps, Rally Guide 2 published and sent to all entrants	
		Closing date for accreditation requests from national media	
Thursday 22 Jan		List of entries published	
		Last date for order of FIA fuel	
Friday 23 Jan		Closing date for accreditation requests from	
		international media	
Thursday 1 Feb		Last date for helicopter registration	

3.2 Schedule during the Rally Week

DATE	TIME	ACTIVITY	LOCATION
Monday 9 Feb	16:00	Opening of the Service Park for WRC teams	Service Park Hamar, HQ
	16:00-20:00	Option 1: Recce Check-in + Adminis- trative Control	, ,
	ТВА	Collection of GPS trackers for the reconnaissance (nominated drivers)	Hamar, HQ
Tuesday 10 Feb	07:00-09:00	Option 2: Recce Check-in + Administrative Control	Hamar, HQ
	08:00-20:30 14:00	Day 1 Reconnaissance Opening of Media Centre and Media Accreditation	Hamar, HQ
	17:00-20:00	Collection of material for the rally	Hamar, HG
Wednesday 11 Feb	08:00-17:00 14:00-18:00 TBA	Day 2 Reconnaissance Collection of material for the rally Scrutineering incl. marking and sealing (Manufacturers Cars)	Hamar, HQ Service Park
	16:00	Team Managers Briefing (Manufacturer)	Hamar, HQ
	ТВА	Scrutineering incl. marking and sealing (P2, P3 and Non-priority drivers)	Service Park
	TBA	Doctors briefing (Manufacturer)	









Thursday 12 Feb	08:00-12:00 10:00-12:00 12:30-14:00 13:30 15:00 17:00 20:00	Shakedown P1 and P2 Shakedown for P3 Shakedown for Non-Priority drivers FIA Press Concerence Stewards first meeting Publication of start list for Day 1 SSS Oslo Helicopter Pilots briefing	Hamar, HQ Hamar, HQ Hamar, HQ Oslo Hamar, HQ
Friday 13 Feb	20:00	Day 1 – See Itinerary Appendix A1 Publication of start list Day 2	Service Park Hamar, HQ
Saturday 14 Feb	20:00	Day 2 – See Itinerary Appendix A1 Publication of start list Day 3	Service Park Hamar, HQ
Sunday 15 Feb	15:15 16:00 16:00 18:00	Day 3 – See Itinerary Appendix A1 Prize-giving - Podium FIA Press Conference Final Scrutineering Publication of Final Provisional Classification	Service Park Hamar, HQ Hamar Hamar, HQ

4. Entry Details

4.1 Titles for which the rally counts

- FIA World Rally Championship for Manufacturers
- FIA World Rally Championship for Drivers
- FIA Production Car World Rally Championship (for Drivers)

4.2 Criteria for acceptance of Entries

Anyone wishing to take part in Rally Norway 2009 must send the entry form duly completede to the organiser before the closing date end time for entries. The entry will only be accepted if accompanied by to total amount of the entry fee. Closing date and time for entries Thursday 8 January 2009 at 15:00 hrs The Supplementary Regulations and entry form will be published on www.rallynorway.no (available from 13 December).

4.3 Entry Fees

4.3.1 WRC Teams

WRC registered Manufacturers and Manufacturer Teams and teams registered for the FIA Production Car World Rally Championship: according to FIA agreement for the year 2009

4.3.2 Other Teams

Legal entries NOK 42.000,- or € 5.100,- Private entries NOK 28.000,- or € 3.500,-

Legal Entrant = The competing car is entered by a team (not a Manufacturer or Manufacturer Team as defined in Art. 4.3.1 and 4.3.2), a company or other legal entity (with legal entrant's licence).

Private Entrant = The competing car is entered by the driver or the co-driver.









4.4 Entry Packages

Additional material may be ordered by using the order form in Rally Guide 2.

Manufacturers and PWRC: In compliance with Administrativ Package. App. VII.

Other teams:

PRODUCT	LEGAL ENTRANTS	PRIVATE ENTRANTS				
Vehicle Plates	Vehicle Plates					
Guest Plates	0	0				
Service Plates	2	2				
Auxiliary Plates	1	0				
Administration						
Regulations	Website	Website				
Road book sets	3 (1)	2 (1)				
Rally Guide 2	3 (1)	2 (1)				
Route Maps	5 (1)	3 (1)				
Programme	4	2				
Result Books	2	1				
Passes						
Team guest passes	0	0				
Team passes	10	6				
Meteo crew passes	0	0				

^{() =} Number of copies that will be sent to the correspondence address 1 month before the start of the rally.

5. Service Park

5.1 Location

GPS Coordinates: N60 47.592 E11 06.047

The Service Parks location is inside and around the Hamar Olympic Hall - "The Viking Ship". The 13 000 m indoor area has a seating capacity of 9 000 people. This world famous venue was built to host the speed skating events during the 17th Winter Olympic Games in 1994. The Viking Ship is within walking distance from Rally HQ

Each team/competitor will be allocated a designated space at the Service Park according to the following				
Manufacturer and Manufacturer Team: App. VII inside				
Production World Rally Championship: 10 x 10 m outside				
Other Entrants: 10 x 10 m outside				

The surface for the designated areas is concrete inside (for Manufactures) and tarmac outside (for others). A detailed drawing of the Service Park and the designated areas are enclosed in Appendix A3 "Drawings and layouts".

tarmac outside designated and services are services and services and services and services and services are services are services and services are services are services are services and services are s









5.2 Restrictions

The service regulations are published in the FIA General Prescriptions in the FIA World Rally Championship Regulations. The organiser will supervise that the service regulations are obeyed by using service observers along the route. It is forbidden under any circumstances to make any kind of holes in the concrete (the wooden surface) or in the tarmac surface. Therefore the teams are asked to bring weights for tents and others that need to be fastened.

- The competitor must cover the whole designated area with tarpaulin (plastic sheeting)
- Generators for electricity are not allowed to use inside the Viking Ship
- Smoking is absolutely forbidden inside the Viking Ship
- It is forbidden to stay inside the Viking ship during the night.

5.3 Service and auxiliary vehicles

Service vehicles

Service vehicles (identified with the Service plates issued by the organiser) are only allowed to enter and exit the Service Park during the set-up times as described in Art. 5.4

To avoid any accidents inside the Service Park the Service cars are only allowed to set-up at times according to Art. 5.4. The number of Service plates allowed is what is included in the entry fee (see the Supplementary Regulations).

Auxiliary vehicles

For access to the Auxiliary parking area the vehicle must carry an Auxiliary plate. If a team has space available in their designated area the auxiliary vehicles may be parked there. Entrance for Auxiliary vehicles during the rally will be through the main gate near the spectator entrance. Exit will be through a road near the TC out control (on the back of the Viking Ship)

5.4 Access to the service

Because of the World Championship in Speed Skating the previous weekend, the Viking Ship will not be available until monday afternoon.

DATE	TIME	ACTIVITY
FOR SETUP Monday 9 Feb	16:00 - 21:00	Manufacturers and Manufacturers team P2 teams Tyre manufacturers
Tuesday 10 Feb	08:00 - 20:00	Manufacturers and Manufacturers team P2 teams Tyre manufacturers
Wednesday 11 Feb	07:00 - 22:00	P3 teams and Non priority teams
Thursday 12 Feb	07:00 - 22:00	
DURING THE RALLY Friday 13 Feb	05:30 - 22:30	
Saturday 14 Feb	05:30 - 20:00	
Sunday 15 Feb	05:30 - 21:00	
Monday 16 Feb	07:00 - 12:00	All services vehicles for Manufacturers inside the Viking Ship must be removed









5.5 Facilities

The following services will be arranged (without charge) by the Organiser at the Service Park:

- Waste collection for mixed waste, oil and paper etc.
- Public Toilets (both for in side and out side area)
- Water supply (from pick ut point, inside)

The following facilities may be ordered by using the order form enclosed in Appendix A4 "Forms".

- Toilets
- Electricity
- Phone lines (analogue, ADSL and ISDN).

The organiser has arranged a security company for the overview control at the Service Park. For special guarding at your designated area please contact:

5.6 Security

Contact: Securitas Hamar: Phone: +47 62 54 16 50

5.7 Media Facilities

The main press centre will be located at Rally HQ (Scandic Hotel, Hamar). A subsidiary press centre will be established inside the "The Viking Ship" at the Service Park with facilities and result service for accredited media. Further information will be distributed to all accredited media.

5.8 Medical Care

A Medical centre will be established at the Service Park.

5.9 Recycling

For environmental reasons we kindly ask the teams and competitors to use the recycling areas at the Service Park. There will be collection points where it is possible to leave waste.

5.10 Flexi Service

For the 45 minutes service at end of Day 1 and 2 the cars are driven directly into a Parc Ferme, from where the teams may collect the cars for service and return them within the given operational window (see Itineraries Appendix 1) Flexi service is not applied to any other service during the rally.

Flexi service is intended to provide an opportunity for teams with more than one car entered to carry out service on their competing cars at different times.

5.11 Remote Service

Remote Service Zone will be in Kongsvinger during Day 1









6. Tyres

6.1 General terms for tyres supply

Pirelli has been nominated by the FIA as the single tyre supplier to distribute the tyres for the rallies in the Championship. All drivers entering a 4WD must use the tyres specified by the FIA. Should competitors have any inquiries concerning the tyres, please contact Rally office or Pirelli at following details:

Pirelli Pneumatici S.p.A. Attention: Mr. Paul Hembery Motorsport Director Viale Sarca, 222 I- 20126 Milano - Italy

telephone: +39 02 6442 79 16 fax: +39 02 64429291

e-mail: paul.hembery@pirelly.com









7. Reconnaissance

7.1 Registration

The registration for Recce will take place at the following times at $HQ\/$ Scandic Hamar.

Monday 9 February 16:00 – 20:00 Tuesday 10 February 07:00 – 09:00

The Administrative Control for all crews (except crews entered by a Manufacturer and Manufacturer team) will take place at the registration for Recce. It is, therefore, compulsory for all crew members to be present at the registration.

The Recce registration for crews entered by a Manufacturer and Manufacturer team may by carried out by a representative for the team since the Administrative Control for these crews will not take place at registration for Recce.

7.2 Regulations and Restrictions

There will be two Recce schedules governing the reconnaissance; one for P1 and P2 priority drivers and one for P3 priority drivers and non-priority drivers.

The recce schedules are enclosed in Appendix A1.4.

8. Shakedown

8.1 Date and Time

Date

Thursday 12 February

Time

8.2 Shakedown Venue

The Shakedown will take place in the Hamar area. The length of the shakedown stage is 3.38 km. The stage is located 9 km north of Hamar at Nydal. The Shakedown will be open to all entered drivers but participation by P1 crews and their cars is obligatory.

The same Service Park as during the rally will be used during Shakedown session. The FIA fuel will be available at the Service Park during Shakedown.

Map and Road book is publiched in Rallyguide 2.

Recce of Shakedown Stage is possible for the priority drivers on Wednesday 11 February.

The shakedown stage will be arranged as an ordinary special stage, i.e. with starting lights, time keeping and communication systems. A special time card will be given to all crews at the starting line.

Rescue vehicles (FIV and ambulance) are placed at the shakedown stage..

all crews at the Rescue vehicle of the Rescu









9. Media and Accreditation

9.1 Media accreditation procedure

9.1.1 Norwegian media

The Accreditation Form for National Media will be published on www.rallynorway.no.

National Norwegian Media Accreditation Form (except electronic) should be sent by post to:

Media akkreditering Rally Norway Haslemoen 2436 Våler i Solør

Any queries from media can be directed by telephone or e-mail to the Press Officer.

Phone: +47 95 93 31 93, E.mail: vidar@rallynorway.no

Closing date for receipt of National Accreditation Application is Friday 16 January 2009.

Applications received after this date, incomplete, or sent by fax, will not be considered.

9.1.2 International Media

International Media Accreditation Form should be sent to: ISC Accreditation Service
The Annex, Mayward House, 46-52 Pentonville Road
London N1 9HF
Great Britain

Phone: .+44 207 584 7584 Fax: +44 207 278 3753

The International Media Accreditation Forms can be downloaded from the FIA

website: www.fia.com

Closing date for receipt of International Media Accreditation is Friday 23 January 2009.

Applications received after this date, incomplete, or sent by fax, will not be considered.

9.1.3 International or National Radio/Television/Websites

International and National Radio/Television/Websites and any other electronic media should send their Media Accreditation Requests to:

International Sportsworld Communicators (ISC) ISC Accreditation Service The Annex, Mayward House, 46-52 Pentonville Road London N1 9HF Great Britain

Phone: +44 207 584 7584. Fax: +44 207 278 3753.

Email: accreditation@iscrally.com.

9.2 Media Contacts

Press & Accreditation Officer:

Vidar Julien

Mobile: +47 95 93 31 93 Fax: +47 62 42 18 91 E-mail: vidar@rallynorway.no THE WAY IS









10. Two-way Radio

Permission for the use of radio transmitter must be applied for at the Norwegian authorities in charge:

Post- og Teletilsynet P.O. Box 53 4791 Lillesand, Norway

Telephone: +47 22 82 46 00

The Accreditation Form is enclosed in Appendix A4 "Forms". Web: www.npt.no

11. Fuel

11.1 Order & dispense

The use of FIA fuel is compulsory **for all drivers**. Information about the by FIA contracted supplier and order procedure will be announced later.

Refuelling

For environmental and safety reasons, the fuel must be dispensed from one source during the rally. All cars must use the centralised refuel service (no refuelling from cans, drums or similar).

The FIA fuel and refuel service will be located at the following places:

Thursday	12 Feb	Shakedown	Service Park, Hamar
Friday	13 Feb	Day 1	Service Park, Hamar & Refuelling zone, Kirkenær
Saturday	14 Feb	Day 2	Service Park, Hamar & Refuelling zone, Lillehammer
Sunday	15 Feb	Day 3	Service Park, Hamar & Refuelling zone Elverum

Fuel couplings

Cars of priority drivers must be fitted with FIA fuel-sample couplings, although the FIA reserves the right to check the fuel of any competitor.

All competitors are required to fit refuel couplings, except non-priority drivers using a car which retains the standard tank.

12. Hospitality

For hospitality arrangements before and/or during the rally weekend please contact: Sponsorlink AS, Storhamarg 55, 2317 Hamar, $\underline{www.sponsor-link.no}$.

Phone: +47 62 54 02 94 Mobile: +47 908 83 932

E SUSTANDA DE LA CONTRACTOR DE LA CONTRA









13. Helicopter registration

The Norwegian Civil Aviation Authority (CAA) will declare the rally area as "Restricted area" during the event.

Note that all foreign Aerial Work operators have to obtain permission for flying in Norway from the Norwegian CAA. For further information and contact details, please see

www.luftfartstilsynet.no.

For safety reasons, the number of helicopters operating in the area will be limited to 30.

13.1 Registration

In accordance to the FIA WRC Regulations Appendix IV, helicopters operating in the rally area during the event are requested to be registered with the organiser. Registration form is enclosed in this document, Appendix 4 "Forms".

The form has to be submitted to the event Helicopter Coordinator Henning Ringsvold, e-mail: haluft@frisurf.no, , Fax: +47 62 52 23 07

Closing date for registration of helicopters is Thursday 1 February.

All registered pilots will receive maps and an information manual containing time tables, GPS coordinates, refuel information and radio frequencies to be used etc.

A document fee of 1 500 NOK will be charged.

13.2 Questions

For any question about the helicopter registration and/or coordination during the event please contact the event Helicopter coordinators Henning Ringsvold (contact details as above)

A list of helicopter companies is enclosed in Art. 16.13.

Private Helicopters and National Helicopter Companies must contact:

Henning Ringsvold: Phone: +47 62 52 20 80

mobile: +47 918 75 095, e-mail: haluft@frisurf.no









14. Import of Vehicles and Spare Parts

The Directorate of Customs and Excise has decided that the equipment can be sent in transit through Norway if the participating teams present a list including detailed goods description to the Customs Authorities at the point of entry. The lists will be stamped and signed by the Customs. When the equipment is re-exported from Norway, the participating teams has to present the list to the Customs office of Exit, to get a stamp for re-exportation.

Local contact for boarder crossing from Eda (Sweden): tom.hauga@toll.no Local contact for arrival or departure from Oslo: ivar.martin.olsen@toll.no For information concerning temporarily import of radio transmitters to be used during Rally Norway, please contact the Norwegin Post and Telecommunication Authority (Post- og teletilsynet), phone +47 22 82 46 40, e-mail: firmapost.npt.no

When you travel to Norway you are allowed to bring 10 kg per person altogether of meat, meat products, cheese, food etc. from EEA countries. From countries outside the EEA, it is prohibited to bring meat, meat prducts, melk and milk products. Such products must be imported through a veterinary border control station, and the goods must be accompanied by a health certificate.

For further information please contact Consumer Council of Norway (Mattilsynet), phone: +47 06040 or www.mattilsynet.no

Please, we ask you to read all information concerning Customs and regulations when travelling to Rally Norway, please check our web site: www.toll.no / Customs and regulations for travellers to and from Norway. (Also available at www.rallynorway.com)

15. Hotel & Accommodation Reservation

Some hotels and other commercial accommodation in Hamar have been reserved for teams, competitors, media and sponsors. The hotels will after 1 september 2008 be administrated directly from each hotel and our partner Sponsorlink AS. Send a mail to: hotel@rallynorway.no, and your request will be forwarded, or make a direct contact with the offices below.

The local tourist offices in the area may also help you with information.

Flverum, Hamar og Kongsvinger: Telephone:+47 62 51 75 03 Fax: +47 62 51 75 51 website: www.villmarksriket.no www.visitfinnskogen.no	Telephone: +47 61 28 98 00 Fax: +47 61 28 98 01 website: www.lillehammerturist.no
Gjøvik: Telephone: +47 61 14 67 10 Fax: +47 61 14 67 01 website: www.turistinnlandet.no	Gardermoen/Akershus Reiselivsråd: Telephone:+47 64 82 22 99 Fax: +47 64 82 22 98 website: info@akershus.com
Oslo: Telephone: +47 815 30 555 website: www.visitoslo.no	

16









16. Useful Facts and Service

16.1 General Facts about Norway

Capital city:	Oslo with 568 809 inhabitants as of 1 June 2008	
Size of Mainland:	323 758 km ²	
Length of borderline:	2 542 km (with borders to Russia, Finland and Sweden)	
Length of coastline:	25 148 km including fjords	
Highest peak:	Galdhøpiggen 2469 meters.	
Largest Lake:	Mjøsa 362 km²	
Time zone:	GMT + 1 hour	
Sun rise in Hamar 13 Feb 2009:	08:00	
Sun set in Hamar 13 Feb 2009:	17:00	
Climate	Given Norway's extreme northerly position, its mainland climate is surprisingly mild. Norway is the northernmost country in the world to have open waters. This is due to the trade winds forced across the Atlantic Ocean by the American continent and the warm currents (known as the Gulf Stream) flowing north from the Equator towards the Norwegian Sea. The lowest minimum temperature recorded is -51°C in Kárájohka-Karasjok in northern Norway. Winter season is from November to March with January and February as the coldest months of the year, normally with temperatures below zero degrees Celsius.	
Population:	4 769 730 as of 1 July 2008	
Population density:	14,73 inhabitants/km²	
Average life expectancy:	79 years	
Language:	Norwegian (English is widely spoken. German and French by some)	
State Church:	Evangelical Lutheran	
State:	Constitutional monarchy.	
Head of State:	His Majesty King Harald V of Norway	
Government:	After the election in September 2005 The Norwegian Labour Party will form a coalition government together with the Social Left and the Center Party	
Currency:	Norwegian kroner (NOK) Exchange rates (2 September 2008): 1 Euro = 8.00 NOK 1 USD = 5.54 NOK 1 GBP = 9.84 NOK	
Credit cards:	American Express, Eurocard, MasterCard and Visa are widely accepted	
Water:	The tap water is safe for drinking	
	No vaccinations are required	
Health:	No vaccinations are required	
Health: Power:	No vaccinations are required 240 V (volts)	

More facts about Norway on www.visitnorway.com

17









16.2 Driving in Norway

Read more: www.donnadiesel.no

CHAINS

For vehicles with a maximum allowable total weight of over 3.500kg (3.5 tonne), which can be expected to be driven on public roads which are covered with either ice or snow, or in any case during the period from and including the 1st of November to and including the first Monday after Easter Monday, then the vehicle must be equipped with non-skid chains which can be fitted to the wheels of the vehicle and are of such a type that there is always contact between the chains and the road surface. In the counties of Nordland, Troms and Finnmark the equivalent period is from and including the 16th of October to and including the 30th of April. Some stretches of roads in Norway also have signs indicating that it is forbidden to drive there without chains.

Motor-wagons with a maximum allowable total weight of over 3.500kg (3.5 tonne) must be equipped with at least three non-skid chains, two of which fit the vehicles drive wheels and one of which fits the vehicles front wheel.

Articulated lorries which consist of a motor-wagon and a trailer and where both vehicles have a maximum allowable total weight of 3.500 kg (3.5 tonne), must be equipped with seven chains in the case where the vehicle has a twin wheel arrangement on the drive axle. Four of these chains must fit the drive wheels of the motor-wagon, two of them must fit the wheels of the trailer and one must fit the front wheel of the motor-wagon. In the case where the motor-wagon has only single wheels on the drive axle or where a double chain is used to fit a twin wheel arrangement then five chains are sufficient. Two of which fit the wheels of the drive axle on the motor-wagon.

In the case of a motor-wagon with twin wheels on the drive axle which is equipped with automatically operated non-skid chains for the drive wheels (on spot), then these replace the two `manual chains´ required for the drive axle.

16.3 Medical Information

Citizens from the EU/EEA-countries* will receive emergency medical care paying the same patient charge as Norwegian citizens, whilst in Norway. Competitors from these countries must provide an E 111 form, EU card or corresponding document verifying that the person is covered by health insurance, when medical care is required, and should obtain this form before leaving their home country. Citizens from the Nordic Countries are not required to provide the E 111 form.

(*Austria, Belgium, Czeck Republic, Cyprus, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Switzerland, Slovakia, Slovenia, Spain, Sweden, United Kingdom).

Besides the EU/EEA-countries Norway has an agreement with the following countries which guarantees the citizens emergency medical care at the same patient charge as Norwegian citizens whilst in Norway: Algeria and Australia. Competitors from these countries must also provide an E 111 form, EU card or corresponding document verifying that the person is covered by health insurance. Citizens in other countries than mentioned above have to pay the total cost of treatment plus the patient charge.

16.4 Security

For special guarding at your designated area or other places, please contact:

Securitas

Phone: +47 62 54 16 50









16.5 The city of Hamar

Short facts:

Number of inhabitants: 28 024

Land disposal: 351 km²

Distance from Oslo to Hamar: 127 km

Distance from Oslo Airport Gardermoen to Hamar: 80 km

The Hamar region is located in Norway, one hour north of Oslo International Airport Gardermoen, approximately one hour from Oslo. The region has about 85 000 inhabitants.

City of Hamar

Hamar is the principal city of Hedmark county. The town serves as the centre for Hedmark county's public administration, the various county departments and Eidsivating Court of Appeals. Hamar is also an educational centre. The town has long traditions as a dynamic trade centre, and it is the region's major commercial and service centre with large shopping centres and exciting speciality shops. Hamar is located on the east shores of Mjøsa, Norway's biggest lake. It is only about one hour's drive from Hamar to Oslo International Airport Gardermoen, and one and a half hours drive to Norway's capital, Oslo.

Hamar is not only one town, but two. One is the busy, modern and administrative and commercial centre with approx. 28 000 inhabitants. The other town, however, is partly hidden underground at Domkirkeodden. Those who would like to discover the soul of the city should search in the balance between the old town and the new city. It is this duality and the -ambience of dreamlike tranquillity and mild reflection that makes Hamar a unique experience.

Activities

The Hedmark Museum, located at Domkirkeodden is an important historical landmark in Hamar. It is an outdoor museum with remains of a medieval church in protective glass housing and a collection of old farmhouses.

The centre of Hamar is a pedestrian walkway, with library, cinema and several shops and offices. Hamar also offers a rich variety of museums galleries, churches, and not to forget "The White Swan of Lake Mjøsa" the old-fashioned paddleboat Skibladner. Hamar is known for its indoor speed skating arena, the Olympia Hall, better known as The -Viking Ship for its shape. It was built to host the speed skating competitions of the 1994 Winter Olympics that were held in nearby town, Lillehammer. As for other sports, Hamar's football team Ham Kam and hockey team Storhamar Dragons are among the best in Norway.

History and culture

In a town with such a unique history, Domkirkeodden and The Hedmark Museum are exciting arenas for discovery. At the heart of the experience you'll find Hamar Cathedral, "Norway's National Ruin".

The Kirsten Flagstad Museum tells the history of the most magnificent career any Norwegian singer ever has experienced.

At the Norwegian Railway Museum you can enjoy a vast and beautiful Museum Park featuring station buildings, Lenghtsman's Cottage, and halls with locomotives and carriages.

The Viking Ship Arena is a modern multifunctional arena with a fascinating architecture. The arena's design features are based on the shape of the Viking Ships. The Aqua vitae Trail invites you on an exciting journey through history combined with traditional food and unique experiences.

Nature

The natural environment in and around Hamar has a wealth of variety. The region extends north to bare mountains, north of Lillehammer. Here you will find Hedemarksvidda with its soft and gentle features and immense vastness. However, its bewitching steep canyons and narrow gullies can amaze you. Hamar is the only city in Norway where you will find wild reindeer. Two thirds of the borough consists of forest, marshland and long stretches of mountain plateaus.

A CONTRACTOR OF THE PARTY OF TH

19









16.6 The city of Kongsvinger

Short facts

Number of inhabitants: 17 384 Land disposal: 1 037 km²

Distance from Oslo to Kongsvinger: 95 km

Distance from Oslo Airport Gardermoen to Kongsvinger: 65 km

Distance to the Swedish border: 40 km

Distance from Hamar to Kongsvinger: 100 km

Kongsvinger is famous for its many fortifications. Like a jewel towering over the town is Kongsvinger Fortress, dating back to 1682. Right under the walls of the fortress lies the vintage garrison township of Øvrebyen, - now a village of distinct character and the oldest urban settlement in Kongsvinger. The houses, mostly wooden, date from the 18th and 19th century and are built in either in a style appropriate to accommodate the officer corps serving at the fortress, or in a more modest style, to serve as dwellings for soldiers of lower rank and for various kinds of craftsmen.

The ancient Winger Royal Passageway, built to connect Norway and Sweden, turned Kongsvinger into a key junction and made it necessary to build fortifications for its protection. Therefore there are several older bastions on the Glomma embankment and elsewhere in the region.

History and culture

Kongsvinger houses the National Women's Museum, which, to our knowledge, is one out of three such institutions in the whole world. Its main aim is to collect documentation and focus on the life and work of Norwegian women in our cultural history up to the present. The building itself, Villa Rolighed, dating from 1857, is a very early and representative house in the Swiss style, which was introduced in Norway by a German engineer who settled in Kongsvinger. The style became very popular throughout southern Norway, especially when it comes to bourgeois homes and bigger farmhouses.

Nature and activities

In Kongsvinger you are brought into close contact with the charming and friendly forest terrain of South-Eastern Norway. Rivers and lots of lakes are ideal for swimming, fishing and canoeing and other boat sports.

We are particularly proud of the many hiking paths in the district. One of them is particularly unique and runs a full 240 km, along the border to Sweden. Also there are a number of historical paths that served as escape routes to Sweden during the German occupation 1940-45 are worth a mention.

In addition to this an almost unlimited mileage of quiet minor roads and tracks for bicycling is available. There are many attractive places to satisfy the wishes of the anglers, among them is the river Glomma that runs through the centre of the town and has a rich stock of both whitefish species and trout.

E CONTRACTOR OF THE STATE OF TH









16.7 The city of Lillehammer

Short facts

Number of inhabitants: 25 811

Land disposal: 477 km²

Distance from Hamar to Lillehammer: 60 km Distance from Oslo to Lillehammer: 180 km

Distance from Oslo Airport Gardermoen to Lillehammer: 145 km

The centre of Lillehammer – with its award-winning pedestrian street Storgata at its hub – is famous around the world. Charming and historically important buildings serve as the backdrop for a modern and bustling shopping environment with a number of specialist shops and an excellent range of products to choose from. A number of art galleries and museums are within walking distance, so that you can easily combine cultural, nature and art experiences with a shopping trip to this area.

The region

The Lillehammer region is famous for the spectacular local ski terrain and the many local winter sports activities. Close proximity to Northern Europe's best cross-country mountains at Nordseter/Sjusjøen, with 350 km of ski trails and the short distance to the Hafjell Alpine Centre makes the region and exciting and all-round ski travel destination.

Lillehammer hosted the 1994 Winter Olympics. The 1994 Games were extremely well organised and the Norwegian's natural love of winter sports added a refreshing purity of spirit.

16.8 The city of Elverum

Short facts

Number of inhabitants: 19 609 Land disposal: 1229 km²

Distance from Hamar to Elverum: 30 km

Elverum is situated in the heart of Norway's largest forestry region and quickly became the natural first choice as capital of the timber industry in Norway at the end of the 19th century. The city's central position had a decisive impact on local architecture, which was dominated by the Parisian style, but most of these buildings were tragically destroyed by the invasion and bombing of Norway in April 1940.

The diversity of businesses, colleges, hospitals, services, sports and culture are qualities that give local residents a high quality of life. The combination of urban and rural settings with vibrant local communities, as well as close proximity to nature, reinforces these qualities.

Elverum received city status in 1996, and the county now has a population of more than 18 800 inhabitants, with plenty to offer visitors and locals alike. The town of Leiret with 12 000 residents is a major shopping and service hub that serves a wide-reaching region. Besides the many mid-sized towns in the county, there are a number of charming small villages with bustling village centres, as well as plenty of beautiful agricultural landscapes and outstanding opportunities for recreational and leisure activities.

THE WAY STATE OF THE STATE OF T









16.9 The city of Oslo

Short facts

The Norwegian Capital

Number of inhabitants: 568 809

Land disposal: 454 km²

Distance from Oslo Airport to Oslo: 47 km Distance to the Swedish border: 140 km Distance from Hamar to Oslo: 127 km

Oslo is the biggest city in Norway, and has been the country's capital since 1814. The Government and Parliament are located here, and at the end of Oslo's main street, Karl Johans gate, you find the Royal Palace.

Oslo has a great location at the head of the Oslo Fjord, surrounded by forested hills. The city is a great destination for those who enjoy outdoor activities.

Even in the city centre, the nearest park is never more than a few blocks away. A tenminute boat ride from the centre takes you to lovely beaches on the Oslo Fjord islands. In the winter Oslo has hundreds of kilometers of cross-country trails within the city boundries, in addition to eight ski centres.

In 2007 Reader's Digest ranked Oslo as number two on a list of the world's greenest, most liveable cities!

At the same time Oslo has everything you would expect from a capital.

The city offers an abundance of attractions, shopping possibilities and a flourishing cultural life, and a choice of restaurants which is almost unparalleled in Scandinavia.

The possibilities are always many – whether you want to enjoy a sumptuous meal at a Michelin-starred restaurant or you prefer a brisk, refreshing dogsleigh ride in the snowdraped winter forest.

A widely varied cultural life flourishes in Oslo. Would you like to experience some of the city's many attractions and sights of interest? Or perhaps you are content to sit at a sidewalk café and take in the impressions of the city and its people? Oslo has something for every taste

As most older cities Oslo has gone through big character changes as a result of fires and redevelopment. Most of the original town is lost, but in some neighbourhoods you can still get a feel of the past.

The more than 700-year-old Akershus Fortress is an important cultural monument. Here the memories of World War II also come out strongly. Many Norwegian patriots were executed here, and Akershus was surrendered to the Norwegian resistance movement in the last hours of the war. After the war Vidkun Quisling was held in prison here. Thus it is natural that Norway's Resistance Museum is located at Akershus.

For more information see: www.visitoslo.com

NE SUNDANT DE MINOR MINO









16.10 Airlines

Airlines	Phone/fax	Web
SAS Braathens	+47 05400 / +47 64 81 60 50	www.sasbraathens.no
Aeroflot Russian Airlines	+47 23 35 62 00	
Air France in Norway	+47 23 50 20 01	
Benair AS	+47 63 97 85 55 / +47 63 97 80 86	
British Airways	+47 815 33 142	
CSA Czech Airlines	+47 47 47 51 51	www.czechairlines.no
Estonian Air	+47 815 00 422	
Finnair in Norway	+47 810 01 100	www.finnair.no
KLM Dutch Airlines	+47 22 64 37 52	www.norway.klm.com
Lufthansa German Airlines	+47 22 33 09 00	www.lufthansa.no
Lufthansa Cargo AG	+47 64 81 83 81 / +47 81 84 84	
MyTravel Airways AS	+47 64 81 19 00	www.mytravelairways. no
Norwegian Air Shuttle	+47 815 21 815	www.norwegian.no
Pakistan International Airlines	+47 22 83 36 16	
Ryanair in Norway	+47 820 00 720	www.golondon.no
Sundt Air	+47 63 92 96 70	

16.11 Airports

Companies	Phone
Oslo International Airport Gardermoen	+47 64 81 20 00
Hamar Airport	+47 62 52 20 80

16.12 Car Dealers

Hamar

Brands	Dealer	Phone
Volvo, Renault	Bilia Personbil AS	+47 62 53 88 10
BMW	Sulland Auto AS Hamar	+47 62 53 66 50
Toyota	Hamar Auto AS	+47 62 53 67 00
Ford	Midtstranda Bil AS	+47 62 53 89 99
Honda, Skoda	Hamjern Bil AS	+47 62 54 32 60
Subaru	Bilkompaniet AS	+47 62 52 66 53
SAAB	Autostrada	+47 62 58 57 00
Audi, VW	Olrud Auto AS	+47 62 35 00 00
Opel, Chevrolet	Autopartner AS	+47 62 52 00 70
Peugeot, Mercedes	Bertel O. Steen	+47 62 59 88 00
Mitsubishi, Fiat	Motor Forum AS	+47 62 59 89 50
Nissan, Citroen	Skogveien Auto AS	+47 62 54 30 10
Mazda	Oustad AS	+47 62 51 92 20

The way was a second of the se

23









16.13 Helicopter Companies

Companies	Phone	Web
Helikopterdrift AS	+47 63 80 11 00	
Pegasus	+47 48 30 30 00	www.pegasus-as.no
Airlift	+47 57 71 81 00	www.airlift.no
Midtnorsk Helikopter	+47 74 07 50 90	www.mnh-as.no
European Helicopter Center	+47 33 42 00 80	www.ehc.no
Fjellfly AS	+47 37 93 96 07	www.scanaviation.no
Helitrans AS	+47 88 00 13 13	www.helitrans.no
Helikopterutleie	+47 90 76 80 65	www.helikopterutleie.no
Heli Team AS	+47 77 00 16 40	www.heliteam.no
Hesnes Air	+47 33 30 44 73	www.hesnesair.no
Lufttransport	+47 77 60 83 00	www.lufttransport.no
Norcopter	+47 51 71 96 00	
Helifly	+47 98 09 50 00	www.helifly.no

16.14 Mobile Phone

Hamar

Companies	Phone
Nordialog Hamar AS	+47 62 55 60 00
Telenor Telehuset AS	+47 815 44 760

E CULTURE THE STATE OF THE STAT









16.15 Rental Cars

Hamar

Companies	Phone/fax
Autoplan AS	+47 62 55 39 10
Avis Bilutleie	+47 62 55 39 00
BICO BIL AS	+47 67 97 20 00 / +47 67 97 25 46
Client Tailored Consultants AS	+47 63 87 54 20 / +47 63 87 54 21
CTC Bilpartner	+47 64 84 00 00
Europcar Bilutleie	+47 67 16 58 00
Exclusive Limousine utleie	+47 99 58 85 88
Gt Parkering GardermoenDA	+47 48 20 90 00
Gardermoen Bud og Bil Tronskar	+47 63 94 38 70
Hertz Bilutleie	+47 67 16 80 80 / +47 67 16 80 90
IN VEST Bilforretning AS	+47 97 62 62 / +47 67 97 62 63
Jessheim Auto AS	+47 63 92 96 00 / +47 63 97 43 11
Oustad Bilutleie	+47 62 51 92 20
National Bilutleie	+47 815 22 466
Rent-A-Wreck ServicetIf	+47 815 22 050
Yrkesbiler AS	+47 900 19 687

16.16 Courier Services

Hamar

Companies	Phone	
DHL Express	+47 66 92 80 00 / 810 01 345	
Nor-Cargo AS	+47 62 33 47 00	

Gardermoen

Companies	Phone	Internet
Jetpak AS	+47 09899	www.jetpak.no

Other

Companies	Phone	Internet
Cargo Partner AS, Oslo	+47 24 13 40 00	www.cargopartner.no
Posten	+47 810 00 710	www.posten.no
Bring	+47 04045	bring.no / bring.com
TNT Norge AS, Kjeller	+47 810 00 810	www.tnt.com/no

